

LANCASTER CITY SCHOOLS 2022-2023 LHS LUNCH MENU



August

M	T	W	TH	F
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

January

M	T	W	TH	F
/	3	4	5	6
9	10	11	12	13
/	/	18	19	20
23	24	25	26	27
30	31			

September

M	T	W	TH	F
			1	2
/	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

February

M	T	W	TH	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
/	21	22	23	24
27	28			

October

M	T	W	TH	F
3	4	5	6	7
10	11	12	/	/
17	18	19	20	21
24	25	26	27	/
31				

March

M	T	W	TH	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

November

M	T	W	TH	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	/	/	/
28	29	30		

April

M	T	W	TH	F
3	4	5	6	/
/	/	/	/	/
17	18	19	20	21
24	25	26	27	28

December

M	T	W	TH	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	/	/
/	/	/	/	/

May

M	T	W	TH	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	5	/

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BLUE LINE	Chicken Parm Sandwich	Ham Cheese Bagel	Cheeseburger on Bun	Italian Sub Sandwich	Chicken Patty Sandwich
GALES LINE	Taquitos	Baked Rotini & Garlic Bread	Salisbury Steak & Roll	Walking Taco	Popcorn Chicken Bowl & Roll
GOLD LINE	Pizza	Pizza	Pizza	Pizza	Pizza
BLUE LINE	Hamburger on Bun	Pizza Sub Sandwich	Chicken Patty Sandwich	Meatball Sub Sandwich	Toasted Cheese Sandwich Tomato Soup
GALES LINE	Quesadilla	Chicken Noodles & Roll	Mini Corn Dogs	Chicken Alfredo & Breadstick	Breakfast For Lunch
GOLD LINE	Pizza	Pizza	Pizza	Pizza	Pizza
BLUE LINE	BBQ Meatball Sub	Chicken Patty Sandwich	Cheeseburger on Bun	Brat on a Bun	Hot & Spicy Chicken Sandwic
GALES LINE	Spaghetti & Garlic Bread	Chicken Leg & Mashed Potatoes & Breadstick	Macaroni & Cheese & Roll	Chicken Fajita Wrap	Maxi/Bosco Sticks & Sauce
GOLD LINE	Pizza	Pizza	Pizza	Pizza	Pizza
BLUE LINE	Calzones	Corndog/Mini Corn Dogs	Cheeseburger on Bun	Grilled Chicken Breast Sandwich	Toasted Cheese Sandwich Tomato Soup
GALES LINE	Wild Mike's Cheese Bites	General Tso's Chicken	Chicken Tenders & Roll	Soft Beef Taco	Breakfast For Lunch
GOLD LINE	Pizza	Pizza	Pizza	Pizza	Pizza

DELI: YOGURT PARFAITS, CHICKEN SALAD, EGG SALAD, TUNA SALAD, CHEF SALADS, CHARCUTERIE BOWLS, PROTEIN BOWLS

AVAILABLE EVERY DAY: A VARIETY OF FRUITS AND VEGETABLES

A lunch consist of a protein, a bread, milk, fruits and vegetables. You **MUST** select a fruit or vegetable and at least 2 other items to receive the meal at the price of \$2.35, \$0.40 or free. We encourage you to select all 5 items. Adult lunch price is \$3.00 without milk. Hot or cold Breakfast is available everyday; \$1.20, \$0.30 or free. Breakfast menu is on the back. **CHARGE POLICY:** If the student doesn't have money but wants a meal, the meal will be charged. Parents will receive a bill through mail several times during the school year. Breakfast and extras may not be charged. Parents may request to block charging. Call the Food Service Office to discuss payment options, 740-687-7350. **3 WAYS TO PAY: CASH:** give to cashier **CHECK:** Make payable to LHS Cafeteria & give to cashier (Write student's ID# & name in memo) **ON-LINE:** www.lancaster.k12.oh.us-> Departments-> Food Services->My School Bucks— There is a processing fee of \$2.75 per transaction. (Menus subject to change throughout the year.)

Applications for Free or Reduced meals may be submitted at any time of the school year. **COMPLETE ONE APPLICATION PER FAMILY, INCLUDE ALL CHILDREN ON ONE APPLICATION.** Applications can be found in the school office, Food Service Office, or Apply Online.

Go to: www.lancaster.k12.oh.us -> Departments -> Food Services -> Free & Reduced Online Application (follow the prompts).

Special meals are available for doctor prescribed dietary needs. Call the Food Service Office.

Food Service Office, 901 East Fair Avenue, 740-687-7350 Karah Smith, Supervisor Debbie Eldred and Kris Byers

This institution is an equal opportunity provider.

