



GREAT NEWS!!!

LANCASTER CITY SCHOOLS OFFERS BREAKFAST IN THE CLASSROOM AT NO COST TO ALL ELEMENTARY BUILDINGS.

Our breakfasts are designed to meet all dietary regulations of the USDA. The food is carefully selected according to calorie, fat, sodium, protein and whole grain requirements PLUS plenty of fresh fruits and low-fat/non-fat milk.

AND, children like to eat them!

No one has a good day when they start out on empty, so...

EAT BREAKFAST....THE FUEL FOR SCHOOL

Our Secondary breakfast will be grab-n-go for General Sherman, Thomas Ewing and Lancaster High School. Students will eat breakfast during 1st period. Students can choose from assorted cold selections. The cost is \$1.20 or \$0.30 for reduced price.